

Our Home

家园 Kediaman Kita நமது இல்லம்

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Wishing all Hindu residents a Happy Deepavali



Ageing well in place

P10



P06
Make it your
business to
fight mosquitoes



P08
Be prepared,
stay prepared



P16
Hot food
in minutes

Dear residents,

Singapore has just celebrated its 51st year in peace and stability. But we cannot take that for granted. Our country continually faces challenges in the evolving global landscape with threats from invisible enemies, such as the Zika virus, or elusive enemies like potential terrorist attacks.

Zika has spread beyond its original affected areas. The best way to protect ourselves and our loved ones from Zika, and also dengue, is to prevent mosquito breeding by doing the five-step Mozzie Wipeout. All of us have a role to play – more than half of mosquito breeding sites are found in homes. If we

don't do our part, our homes may become danger zones.

Another challenge facing Singapore is our rapidly ageing population. We want our seniors to age well, so we have to start creating senior-friendly estates now through installing features such as ramps and handrails. Some parts of our estate will also be refreshed, like Ang Mo Kio Town Centre, which has been selected for HDB's Revitalisation of Shops scheme.

No challenge is too great for Singaporeans. Our journey together in the past 51 years has shown that we can achieve what seemed impossible. I urge residents to build trust with and support one another, be ready and work together to create a safe and conducive living environment. Together, we can overcome adversity for a brighter future!

“ I urge residents to build trust with and support one another, be ready and work together to create a safe and conducive living environment. ”



DR KOH POH KOON
Advisor for Yio Chu Kang GROs

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亲爱的居民：

新加坡刚在8月欢庆51年的国泰民安，不过我们不能把这样的祥和稳定视为理所当然的事。随着全球环境的不断演变，我国持续面对各种挑战，包括隐形敌人如兹卡病毒，以及难以捉摸的潜在敌人如恐怖袭击。

兹卡病毒已从最初的疫区蔓延开来。想要保护自己和家人免受兹卡及骨痛热症病毒感染的最好方法，就是进行“灭蚊五步骤”，预防蚊虫滋生。我们每个人都应扮演好自己的角色，因为超过一半的蚊虫滋生处是在住家发现的。如果我们没有做好本分，我们的家可能就会成为染病的危险之地。

新加坡面对的另一挑战是人口的快速老化。为了让我们的年长者安享晚年，我们开始打造亲乐龄的居住环境，包括建造斜道和扶手等设施。区内的一些地点如宏茂桥中心，也将在建屋发展局的商店提升计划下获得翻新。

挑战虽多，但对新加坡人来说，没有什么挑战是无法克服的。我们一同走过的51年岁月，见证了我们可以达成一些看似不可能的任务。我呼吁居民相互信任和扶持，并做好充分准备，合力创造一个安全的宜居环境。只要我们携手共进，一定能克服困难，迈向更美好的未来！

许宝琨医生

杨厝港基层组织顾问

Penduduk sekalian,

Singapura baharu sahaja meraikan 51 tahun kemerdekaan negara yang aman dan makmur. Bagaimanapun kita tidak harus mengambil ringan, negara kita terus menghadapi cabaran dalam persekitaran dunia yang berubah, dengan ancaman dari musuh yang tidak kelihatan, seperti virus Zika, atau musuh yang sukar dijejak seperti serangan pengganas.

Zika telah menular melepasi kawasan asalnya. Cara terbaik untuk melindungi diri kita dan orang yang kita sayangi dari Zika, juga Denggi, adalah dengan mencegah pembiakan nyamuk dengan melakukan lima langkah menghapus nyamuk. Setiap dari kita punya peranan – lebih separuh tempat pembiakan nyamuk ditemui di rumah. Jika kita tidak memainkan peranan kita, rumah kita boleh menjadi zon bahaya.

Satu lagi cabaran yang dihadapi Singapura adalah keadaan rakyatnya yang semakin tua. Kita ingin warga tua kini meniti usia dengan sejahtera, oleh itu kami telah mula mewujudkan estet yang mesra warga tua dengan membina tanjakan dan susur tangan. Sebahagian tempat estet kita juga dipindahkan, seperti Pusat Bandar Ang Mo Kio, yang telah dipilih menjalani skim Mencergaskan Semula Kedai HDB.

Tiada cabaran yang lebih hebat untuk rakyat Singapura. Perjalanan kita bersama sejak 51 tahun lalu telah menunjukkan bahawa kita boleh mencapai apa yang sukar dicapai. Saya menggesa penduduk untuk membangunkan kepercayaan dan menyokong satu sama lain, bersedia untuk bekerja bersama-sama demi mewujudkan sekitaran yang selesa dan selamat. Bersama, kita boleh mengharungi cabaran untuk sebuah masa depan yang lebih cerah!

DR KOH POH KOON

Penasihat Pertubuhan-Pertubuhan Akar Umbi Yio Chu Kang

அன்பார்ந்த குடியிருப்பாளர்களே,

சிங்கப்பூர் அண்மையில் 51 ஆண்டு கால அமைதியையும் நிலைத்தன்மையையும் கொண்டாடியது. ஆனால், இவை என்றென்றும் நீடித்திருக்கும் என நினைத்து நாம் மெத்தனமாக இருக்க முடியாது. ஸிக்கா கிருமி போன்ற கண்ணுக்குத் தெரியாத எதிரிகள் அல்லது உத்தேச பயங்கரவாதத் தாக்குதல்கள் போன்ற கையில் சிக்காத எதிரிகள் விடுக்கும் மிரட்டல்களுடன் உருமாறிவரும் உலகச் சூழலில் நம் நாடு தொடர்ந்து சவால்களை எதிர்நோக்குகிறது.

ஸிக்கா கிருமி முதன்முதலில் பாதித்த வட்டாரங்களுக்கு அப்பால் பரவி வருகிறது. ஸிக்கா, டெங்கி ஆகியவற்றிலிருந்து நம்மையும் நமது அன்புக்குரியவர்களையும் பாதுகாப்பதற்கான ஒரே வழி கொசுக்களை ஒழித்துக்கட்டும் ஐந்து-கட்ட செயல்களைச் செய்வதுதான். நாம் அனைவரும் பங்காற்றவேண்டும் – கொசு இனப்பெருக்கம் செய்யும் இடங்களில் பாதிக்கும் மேலானவை வீடுகளில் உள்ளன. நாம் நமது பங்கைச் செய்யாவிட்டால், நம் வீடுகள் அபாயமான இடங்களாக உருவாகி விடக்கூடும்.

சிங்கப்பூர் எதிர்நோக்கும் மற்றொரு சவாலாகத் துரிதமாக மூப்படையும் மக்கள் தொகையைக் குறிப்பிடலாம். நமது மூத்தோர்கள் நல்லபடியாக முதுமையடைய வேண்டும் என நாம் விரும்புகிறோம். எனவே, சாய்வுப்பாதைகள், கைப்பிடிகள் போன்றவற்றை அமைப்பதன்மூலம் முதியோருக்கு உகந்த பேட்டைகளை நாம் உருவாக்கத் தொடங்கவேண்டும். நமது பேட்டைகளின் சில பகுதிகளும் புதுப்பிக்கப்படும். எடுத்துக்காட்டாக, அங் மோ கியோ நகர மையம் வீடமைப்பு வளர்ச்சிக் கழகத்தின் கடை புதுப்பிப்புத் திட்டத்திற்குத் தேர்ந்தெடுக்கப்பட்டுள்ளது.

எந்தச் சவாலும் சிங்கப்பூரர்களால் சமாளிக்க இயலாததல்ல. சாத்தியமில்லாததாகத் தோன்றியதையும் நம்மால் சாதிக்க முடியும் என்பதற்கு நமது 51 ஆண்டு காலப் பயணமே சான்று. ஒருவருக்கொருவர் நம்பிக்கையை வளர்த்துக்கொண்டு, ஆதரவளித்து, பாதுகாப்பான, சாதகமான வாழ்க்கைச் சூழலை உருவாக்கத் தயாராகி, ஒன்றுசேர்ந்து செயல்படுமாறு குடியிருப்பாளர்களிடம் வலியுறுத்துகிறேன். நாம் ஒன்றுசேர்ந்து, இன்னல்களை எதிர்கொண்டு ஒளிமயமான எதிர்காலத்தை உருவாக்க முடியும்!

டாக்டர் கோ போ கூன்

இயோ து காங் அடித்தள அமைப்புகளின் ஆலோசகர்

Congratulations ★ Congratulations ★ Congratulations ★ Congratulations ★ Congratulations ★ Congratulations ★ Congratulations

Our Home congratulates
two dedicated councillors who were honoured
in this year's National Day Awards. Both received the
Public Service Star (BBM)
for their contributions to the community.



**Mr Sathinathan s/o
M. R. Karuppiah, PBM**

Chairman, Hwi Yoh Community Club
Management Committee



**Mr Derrick
Loh Mun Wah, PBM**

Chairman, Anchorvale Community Club
Management Committee

Congratulations ★ Congratulations ★ Congratulations ★ Congratulations ★ Congratulations ★ Congratulations ★ Congratulations

Thank you

note from resident

“I would like to express my gratitude to Mr Mohammad Kawsar Hossan, who returned my mobile phone which he found on the ground. He even offered to meet me at the void deck of my block even though he was working several blocks away and had to walk over. I am very thankful and glad that we have him in our neighbourhood to ensure all is well.”

Monica Quek, Jalan Kayu



Jalan Kayu conservancy worker Mohammad Kawsar Hossan returned a mobile phone he found near the lawn of Block 987C Buangkok Green.



Property officers and so much more

They may be property officers caring for the cleanliness and maintenance of common areas in Ang Mo Kio estate. But Ms Ong Qian Yu, 21, Mr Johnson Cheong, 42 and Mr Jeevamani Gopalsamy, 53, do much more than looking out for defects like cracked tiles and falling concrete and fire hazards like obstructions along corridors and furniture discarded at lift landings.

They also find themselves settling disputes between residents, who approach them with complaints such as about neighbours hanging their laundry in the common areas outside their flats, causing inconvenience.

“This is the most challenging part of our work,” says Ms Ong.

Agreeing, Mr Cheong adds: “Sometimes, it can get ugly when residents become unreasonable and aggressive. That’s when we walk away and go back

another day when they are calmer.”

There are times when these disputes have to be referred to the Centre for Mediation, they say.

But their hard work has not gone unnoticed. Over time, the three of them have become familiar faces with the residents, some of whom have come to regard them as friends.

Says Mr Gopalsamy: “They would stop and chat with us. We have also had residents dropping by the Town Council’s office with food for us.”

He adds: “I was even invited to a wedding by one of the residents!”



Since the first case of Zika was detected in Singapore on 27 August, Ang Mo Kio Town Council has gone on high alert. It has intensified its vector-control efforts in the neighbourhood, which include carrying out inspections for mosquito breeding, flushing drains and spraying oil and insecticide on potential breeding areas.

The Town Council is also working closely with the National Environment Agency (NEA) to place Gravitraps around the estate. These black cylindrical devices, which are filled with water, trap female mosquitoes looking for a place to lay their eggs.

Our grassroots advisors are also sharing information with residents on how to prevent mosquito breeding by going door to door as well as through social media platforms.

What is the best defence?

Even with the Town Council and grassroots advisors doing their part, the ultimate responsibility lies with every one of us.



Make it your business to fight mosquitoes

Everyone needs to be more thoughtful and responsible if we want to win the war against mosquitoes. Steps taken can be as simple as doing the five-step Mozzie Wipeout in your home – **changing water in vases and bowls and removing water from flower pot plates on alternate days, turning over water storage containers, covering bamboo pole holders when not in use and clearing blockages and putting BTI insecticide in roof gutters monthly.** Doing all this would take less than 10 minutes.

When every single person puts in the effort, we can prevent mosquitoes from breeding and significantly reduce the spread of mosquito-borne diseases such as dengue, Zika and chikungunya.

“Our best defence is to eradicate mosquitoes and destroy breeding habitats all over Singapore. **Do the five-step Mozzie Wipeout.** Let’s all do our part to fight Zika and dengue as well.”

Excerpted from Prime Minister Lee Hsien Loong’s Facebook post on 1 September 2016

Know the potential breeding sites:

Top five breeding habitats found in the home

Household containers

Flower pot plates and trays

Ornamental containers

Hardened soil in potted plants

Toilet bowls

Source: NEA



The MYTHS and the FACTS



Q: Does the Aedes mosquito bite only in the day?

A: The Aedes mosquito is a day-feeder and most commonly bite at dawn and dusk. However, because of the presence of artificial lights in homes, the Aedes mosquito bites at night too.

Q: Is the Aedes mosquito more attracted to certain blood types?



A: A few studies have shown that people with blood type O are more likely to get bitten, but it is not an established fact.

Q: Does getting dengue once mean you won't get it again?

A: You can catch dengue more than once because the virus has four different but related strains.



Source: World Health Organisation, The New Paper

Be prepared, stay prepared

In light of the current international security climate and the threat of terrorist attacks within our shores, keeping Singapore safe can no longer be solely a top-down approach, but one that actively involves every member of society.

As such, Ang Mo Kio grassroots volunteers have been working with the neighbourhood police under neighbourhood watch group schemes such as Citizens on Patrol to patrol the estate, look out for one another and deter criminal activities.

“It is important for everyone to establish close communication with their neighbours

beyond the usual hellos and byes so we can detect if anyone needs help or is being radicalised.”

Yogendran Sandiran, 33
Teck Ghee resident

In addition, a series of counter-terrorism exercises was held on Emergency Preparedness Day, which also featured lessons in first aid skills and CPR techniques to prepare residents for possible terror or emergency scenarios.

Closed-circuit television (CCTV) cameras have also been installed in public spaces to deter criminal activities.

These measures are part of SGSecure, a national movement to safeguard our homeland against terrorism.

Says Teck Ghee resident Yogendran Sandiran, 33: “It is important for everyone to establish close communication with their neighbours beyond the usual hellos and byes so we can detect if anyone needs help or is being radicalised.”

HOW TO REACT WHEN AN ATTACK HAPPENS



RUN
away and take
others along



HIDE
from the
attackers

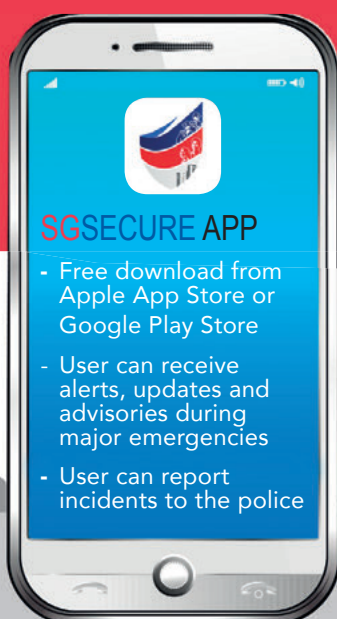


TELL
the police when
it is safe to do so



WHAT IS SGSECURE

- Launched on September 2016 and led by the Ministry of Home Affairs
- Aim to sensitise, organise and train Singaporeans so that we can stay alert, stay united and stay strong in making Singapore a safe place
- Three key aspects:
 - **Prepared citizen** to protect themselves and their family
 - **Active responder** to help others in times of crisis
 - **Effective mobiliser** to help resolve friction
- Plans:
 - At least one trained member in every household
 - Each constituency to have 300 trained residents with life-saving skills
 - One automated external defibrillator (AED) to be installed in every other HDB block by 2019



SGSECURE

STAY ALERT • STAY UNITED • STAY STRONG

IMPROVISED FIRST AID SKILLS (IFAS)

"STOPPING THE BLEED" CAN SAVE LIVES

In the rare event of a **FIREARMS** or **WEAPONS** attack;

- ▲ If you are at the scene, you should hide from the source of danger; and
- ▲ While hiding, if you encounter any casualty who is bleeding profusely, you should carry out **IFAS** by using commonly available items to stop the bleeding, without drawing any attention to yourself.

IFAS: **PRESS** » **TIE** » **TELL**



PRESS directly on the wound to stop the bleeding using items such as a handkerchief or cloth.



TIE above the wound using items such as a neck tie, belt or sling of a bag to stop any excessive bleeding.



TELL the SCDF Emergency Responders about the injury and the time when you tied the wound.

Towards A Nation Of Lifesavers

A Community Outreach By:  **SCDF**
The Life Saving Force

Learn more about how you can contribute to keep Singapore safe:

- www.hometeamvolunteers.gov.sg
- www.singaporeunited.sg

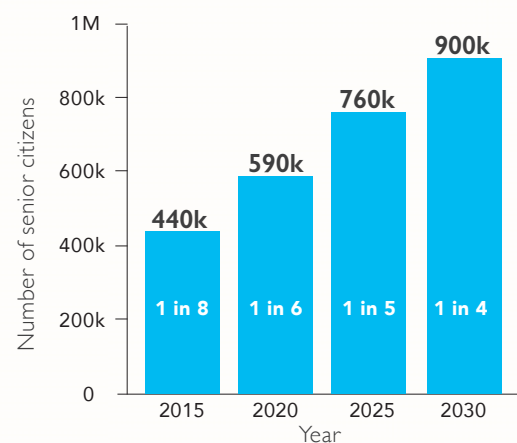
Ageing well in place

Singapore is one of the world's fastest-ageing countries. By 2030, one in four Singaporeans will be aged 65 and above, making a total of 900,000 elderly residents in the country. One way we can meet the needs of the elderly is to create housing estates that allow senior citizens more mobility, accessibility and connectivity.

Ang Mo Kio Town Council is doing just that with its estate improvement works such as installing ramps, handrails, non-slip flooring and concrete drain covers. Larger block numbers, adequate lighting, more rest areas and elderly fitness corners are also part of the plans.

Ms Amanda Toh, a resident in Cheng San-Seletar, feels that such modification works are necessary. "Not only will the elderly live in a better environment, the improvement works will also benefit other residents in the community," said the 56-year-old nurse.

Number of senior citizens on the rise



Source: Population.sg



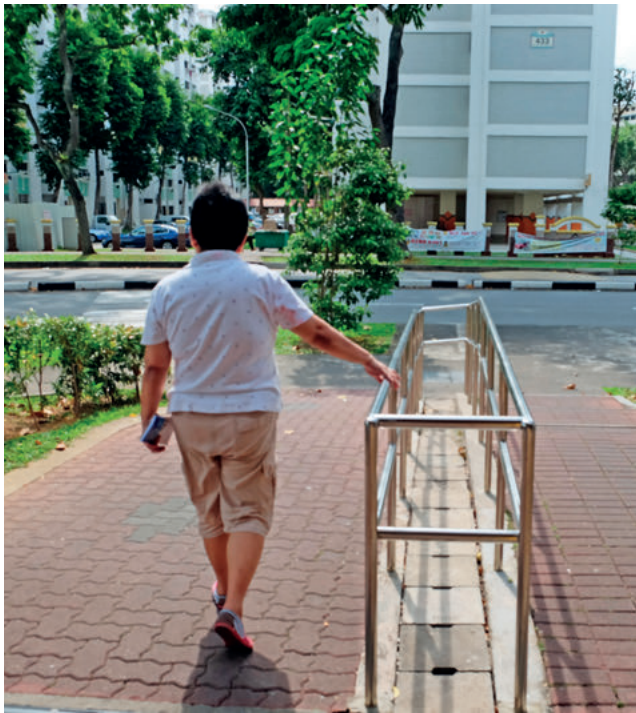
Ramps installed where there is a difference in levels for better mobility.



Block numbers are painted large on the buildings and ensured that they are not blocked from view.



More benches with armrests available to help seniors get up easily from the seat.



Handrails added to ramps and staircases so that seniors can maintain their balance and prevent serious falls.

打造亲乐龄居住环境

新加坡是全球人口快速老化的国家之一。到了2030年，年长者的人数预计将达到90万人，每四名国人中就有一人年龄超过65岁。面对这个趋势，我们应未雨绸缪，在组屋区建造无障碍环境，方便年长者出行。

宏茂桥市镇理事会已积极建造各种亲乐龄设施，包括斜道、扶手、防滑地砖和混凝土沟渠盖。显著的组屋号码、充足的照明和足够的休息区，也是市镇会的改善工程之一。

静山一实里达居民杜美月（56岁，护士）认为改善居住环境是必要的。她说：“这些改善工程让居住环境更安全，不仅有利于年长者，也让其他居民受益。”



Yellow strips along the pathway to alert residents to the kerb.



To encourage senior citizens to maintain a healthy lifestyle, more exercise equipment that are suitable for their use has been installed.

Over the moon

What: Mid-Autumn Festival Celebrations
Where & When: Dew Garden & Grande Vista (10 September 2016),
 Luxus Hills Park (11 September 2016)

Traditionally, Mid-Autumn Festival is a time for family and friends to gather, savour mooncakes and enjoy the view of the moon. And over 300 residents from the private estates in Jalan Kayu and Cheng San-Seletar did just that, celebrating the festival in their respective neighbourhoods.

At the festivities organised by the Neighbourhood Committee, they made mooncakes, carried lanterns and watched performances.

Among those who attended was Tricia Lim and her family. Besides enjoying a sumptuous spread of food, the 12-year-old and her two younger siblings also took home self-made sand art pieces and colourful lanterns.

"It is a fun and relaxed way to spend the weekend," said the student from Rosyth School.

Mr Jagadish CV, 60, has been living in Jalan Kayu for eight years and is no stranger to Chinese traditional festivals. The CEO of a semiconductor company said: "My wife and I enjoy get-togethers like Chinese New Year parties to bond with our neighbours. It is a great way to get out of the house, have fun and learn more about other cultures."

"It is a great way to get out of the house, have fun and **learn more about other cultures.**"

Mr Jagadish CV, 60
 Jalan Kayu resident



3
 fun facts
 about the festival

Why is it called the Mid-Autumn Festival?

The seventh, eighth and ninth lunar months form the autumn season on the ancient Chinese calendar. The festival falls on the 15th day of the eighth lunar month, which is the middle of the autumn season.





Why do the Chinese give mooncakes to their family and friends?

In Yuan Dynasty China, rebels organised a revolution by stuffing secret messages into mooncakes. Now, it has become a tradition for the Chinese to give mooncakes to their family and friends.



Is there always a full moon on the Mid-Autumn Festival?

The moon is not always at its fullest and brightest on this day, but it will likely occur within two days of the festival.



Upgrading for you

We are constantly carrying out improvement works in our neighbourhood to make the living environment a better one for all residents. The works are part of the estate's Neighbourhood Renewal Programme and the costs are fully borne by the government.

Our Home highlights some of the recent improvements and upcoming facilities.

“It is good to add a shelter.
We won't get wet if it rains suddenly”
while we are exercising.”

Ang Lan Eng, 68,
Ang Mo Kio-Hougang



Tensile membrane shelter at existing fitness corner at Block 615 Hougang Avenue 8



Playground at Block 465 Ang Mo Kio Avenue 10

“I love the new pyramid-shaped climber with a slide.
It is fun.”

Teng Le Kai, eight,
Teck Ghee

SEE WHAT'S COMING UP

ANG MO KIO-HOUGANG

- Construction of covered linkway between Blocks 925 and 925A Hougang Street 91

CHENG SAN-SELETAR

- Construction of low linkway between Blocks 442 and 443 Ang Mo Kio Avenue 10
- Construction of low and high linkways connecting drop-off porch between Blocks 505 and 507 Ang Mo Kio Avenue 8

SENGKANG SOUTH

- Construction of low covered linkway from Sengkang Green Primary School to existing linkway near Block 452's Communal Hall
- Upgrading of illuminated block number signages at Blocks 685 to 698 and 699D Hougang Street 52 and 61

SENGKANG WEST

- Construction of footpath from Fernvale Lea estate near Block 468C Fernvale Link to Thanggam LRT

TECK GHEE

- Construction of community garden at Block 307D Ang Mo Kio Avenue 1

YIO CHU KANG

- Upgrading of playground at Block 632 Ang Mo Kio Avenue 4



War against rats

The war is on – against rats, that is.

Ang Mo Kio Town Council is gearing up to get rid of rats in the neighbourhood.

To do so, rats are tracked to their burrows and then chemicals placed inside to eradicate them at the source. Newspapers are then stuffed into the burrows and spray-painted red to indicate that the burrows are under treatment.

“If the burrow still contains live rats, the rats will come out at night, pushing out the newspapers,” explains Mr Lee Kok Tai, assistant general manager at Ang Mo Kio Town Council. “If the newspapers stay where they are, it means the rats inside have all been killed.”

These burrows are then sealed up and spray-painted blue to show that they are not active anymore.

On top of applying treatment to burrows, property officers are also seeking out the root cause of rat infestations such as poor housekeeping and improper waste management at eating establishments and dealing with the problems accordingly.

“We welcome feedback from residents who spot a rat problem in their area,” adds Mr Lee.



See how you can help to get rid of rats on Page 4 in the May/June issue of *Our Home*.

BY THE NUMBERS

According to the National Environment Agency, some

20,000

rat burrows were detected islandwide in the first half of the year



If you spot any rats, please contact the Town Council at 6453 0511.



Hot food in minutes

What: Launch of Singapore's First Vendcafe

Where: Block 320C Anchorvale Drive

When: 7 August 2016



Fancy buying hot seafood hor fun or mutton rendang briyani from a vending machine? Now you can, from VendCafe at the void deck of Block 320C Anchorvale Drive.

The two hot-food vending machines there, which operate round the clock, sell halal-certified meals that include both Western and local favourites such as chicken Bolognese with spaghetti and claypot chicken rice. They work by reheating frozen meals in three minutes using their in-built microwave oven.

The machines have been drawing huge crowds since they started operating.

Besides the two machines selling hot food, VendCafe also has vending machines that sell snacks and hot and cold drinks.

The vending machine operator, JR Vending, is working with the Health Promotion Board to include more healthier choices by year-end.



Polytechnic student Roland Tay, 17, welcomes this addition to the neighbourhood. He said: "It is convenient because this wide selection of hot food is readily available all day, every day."

WHAT CAN YOU FIND AT VENDCAFE?

Two machines selling hot food

Prices: \$3.50 - \$5

Two machines offering sandwiches, snacks and drinks

Prices: \$1.20 - \$5

One machine dispensing freshly squeezed orange juice

Price: \$2

One machine dispensing hot beverages

Prices: \$0.80 - \$1.50

Dining table with seating

EAT OUT, EAT HEALTHILY

According to the latest National Nutrition Survey 2010, six in 10 people eat out for lunch or dinner. But can you eat out and eat well? Yes, you can. Just look out for food carrying the Healthier Choice symbol.

The symbol, which shows a healthy-diet pyramid, indicates food that is generally lower in sugar, salt and fat or higher in dietary fibre and calcium.



Share the food and the kindness

What: Opening of Heart 2 Heart Support Centre

Where: Block 443 Fernvale Road

When: 7 August 2016

The Sengkang South Heart 2 Heart Programme aims to distribute food items to less fortunate residents in the area. Its one-stop centre, the Sengkang South Heart 2 Heart Support Centre, allows residents to pick up food items more conveniently.

The centre, located beneath a multi-storey carpark, is made possible by the strong support of corporate partners and sponsors. To date, over 40 religious organisations, corporations and individuals have joined the programme.

It is the first platform of its kind to bring community partners and businesses together to give a helping hand to less fortunate residents.

Sengkang South resident Alan Ang, 39, said: "Food is a basic need. It is great to have such a facility within an HDB estate, making it convenient for less fortunate residents to collect food."



WANT TO HELP?

What: You can donate food items that are fit to be eaten, as well as daily necessities

How: Contact Punggol Park Community Centre at 6387 9134 or Sengkang South's Meet-the-People session at 6636 6816 / 6386 4055

Walk of joy

What: Community Walk 2016 @ Teck Ghee

Where: Flag off point @ Teck Ghee Community Club

When: 9 August 2016



This community walk saw about 3,000 residents and one special guest – Prime Minister Lee Hsien Loong – making their way from Teck Ghee Community Club to Townsville Primary School.

As Mr Lee passed by the shops and wet market at Blocks 407 and 409 at Ang Mo Kio Avenue 10, he gave out Singapore flags and exchanged joyous National Day greetings with stall owners and residents.

The walk may have covered a distance of only 1km, but it took residents about an hour to complete it as many people approached Mr Lee to shake his hand and get a selfie with him.

Ci Yuan turns one

What: Ci Yuan Day in celebration of Ci Yuan Community Club's First Anniversary

Where: Ci Yuan Community Club

When: 24 September 2016

Ci Yuan Community Club (CC) is more than just a club. It also includes a hawker centre on its premises, the first of its kind. And the club, which was launched by Prime Minister Lee Hsien Loong on 20 September 2015, has just celebrated its first anniversary.

Ang Mo Kio-Hougang resident Chung Poh Leng, 39, likes how the hawker centre is designed to be family-friendly. She said: "Some of the tables are set at a lower height for children so they can reach the top of the table without having to sit on an adult's lap. This makes the

dining experience for the whole family more comfortable."

In conjunction with the occasion, a new Ang Mo Kio-Hougang logo was launched. The new logo, which was designed by grassroots volunteer Glenn Ong, symbolises the constituency serving the residents with a loving heart.

New Ang Mo Kio-Hougang logo

ang mo kio
hougang

Motif:

You, the residents, are at the **heart** of all that we, Ang Mo Kio-Hougang grassroots, do"



UPCOMING EVENTS

Mark these dates on your calendar and join us at our community events.

HIP Polling Ceremony for Blocks 470 to 476 Ang Mo Kio Avenue 10

When: 5 November 2016 (Sat), 9am

Where: Block 476 Ang Mo Kio Avenue 10

Contact: 1-800-2255432 or bamadmin@
mailbox.hdb.gov.sg

Tree Planting Day

When: 13 November 2016 (Sun), 7.45am

Where: Sungei Punggol (next to Anchorvale CC)

Contact: 6489 4959

The above details are accurate at press time. Please call to confirm details.

Meet-the-people sessions

Ang Mo Kio-Hougang 宏茂桥—后港 Mr Darryl David 杰乐先生

Block 632 Hougang Avenue 8,
#01-28, S(530632)
Time: 8pm - 9:30pm,
every Thursday
Tel: 6282 6567



Sengkang South 盛港南 Mr Gan Thiam Poh 颜添宝先生

Block 443 Fernvale Road,
#01-411, S(790443)
Time: 8pm - 9:30pm, every first
and third Friday of the month
Tel: 6636 6816



Cheng San-Seletar 静山—实里达 Mr Ang Hin Kee 洪鼎基先生

Block 533 Ang Mo Kio Avenue 5,
#01-4100, S(560533)
Time: 8pm - 9:30pm,
every Thursday
Tel: 6454 0951



Block 535 Hougang Street 52, #01-18, S(530535)
Time: 8pm - 9:30pm,
every second, fourth and fifth Friday of the month
Tel: 6386 4055

Sengkang West 盛港西 Dr Lam Pin Min 蓝彬明医生

Block 303A Anchorvale Link,
#01-81, S(541303)
Time: 8pm - 9:30pm, every Tuesday
Tel: 6312 2961



Jalan Kayu 惹兰加由 Dr Intan Azura Mokhtar 殷丹博士

Block 556 Ang Mo Kio Avenue 10,
#01-1902, S(560556)
Time: 8pm - 9:30pm,
every first Thursday of the month
Tel: 6456 9714



Teck Ghee 德义 Mr Lee Hsien Loong 李显龙先生

Block 322 Ang Mo Kio Avenue 3,
#01-1928, S(560322)
Time: 8pm - 9:30pm, every Wednesday
Tel: 6552 6055



Block 987B Buangkok Green, #01-33, S(532987)
Time: 8pm - 9:30pm,
every last Thursday of the month
Tel: 6444 0810

Block 522 Serangoon North Avenue 4,
#01-154, S(550522)
Time: 8pm - 9:30pm,
other Thursdays of the month
Tel: 6483 4341

Yio Chu Kang 杨厝港 Dr Koh Poh Koon 许宝琨医生

Block 644 Ang Mo Kio Avenue 4,
#01-850, S(560644)
Time: 8pm - 9:30pm, every Thursday
Tel: 6458 7376



*Branches are closed and MPS will not take place on public holidays and eve of major festivals
(Chinese New Year, Hari Raya Puasa, Christmas and New Year).*

Ang Mo Kio Town Council Offices

Ang Mo Kio Avenue 1 Office
Block 342 Ang Mo Kio Avenue 1,
#01-1561, S(560342)
Tel: 6453 0511 Fax: 6453 0122

Ang Mo Kio Avenue 10 Office
Block 528 Ang Mo Kio Avenue 10,
#01-2385, S(560528)
Tel: 6456 1633 Fax: 6456 1225

Sengkang West Office
Block 410 Fernvale Road
(multi-storey carpark),
#01-01, S(790410)
Tel: 6634 9215 Fax: 6634 9219

Ang Mo Kio-Hougang Service Centre
Block 662 Hougang Avenue 4,
#01-415, S(530662)
Tel: 6385 1631 Fax: 6387 4052



www.amktc.org.sg



feedback@amktc.org.sg



6453 0511



www.facebook.com/amktc



iTown@SG

Free download from Apple App Store or Google Play Store



SEE something interesting in our neighbourhood?
SNAP a picture and
SHARE the moment with us.

Send us your photo with a creative caption of not more than 16 words and you may **win yourself a \$30 voucher!**

There are five vouchers to be won, and winning photos will also be featured in the next issue of *Our Home*.

Rules:

1. Open to Singaporeans and Singapore Permanent Residents living in Ang Mo Kio GRC or Sengkang West SMC.
2. Entries must be submitted no later than **13 November 2016**.
3. Photos must be in digital format and at least 1MB in size.

Please e-mail your entries together with your name, address, NRIC number and contact number to **feedback@amktc.org.sg**.



Night shot of the road junction at the flats at Teck Ghee Vista.

PARIS CHIA



Colourful Sengkang Floating Wetland.

MUHAMAD FIRDAUS BIN ABDUL RAMAN



Beautiful sunrise from my window in Ang Mo Kio.

KRIZ CHUI



Evening solitude at Sengkang Riverside Park.

CHOO HONG XIAN



Cityscape of my high-rise HDB block at Anchorvale Link.

MARTIN LIM