

Our

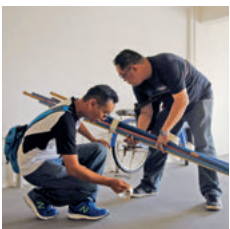
家园 Kediaman Kita நமது இல்லம்
Home



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Keeping **DENGUE AT BAY**

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Stay tidy,
stay safe



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on the ground



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Remembering our
Founding Father

Dear residents,

We can expect warmer weather in April, which increases the rate of mosquito breeding. Therefore, we must be vigilant in ensuring that mosquito breeding and dengue infection are minimised during these warmer days.

In this issue, you can read about how our Town Council Property Officers and cleaners have been working closely with the National Environment Agency (NEA) to ensure that our common spaces are free of mosquito breeding.

Meanwhile, residents also play a very important role in the fight against dengue and mosquito breeding. By practising the 5-step Mozzie Wipeout both inside and outside their homes, everyone can play their part in preventing mosquito breeding. We are grateful to residents who help to watch out for one another by draining stagnant water from the plates under plant pots for their neighbours or helping their neighbours clear clutter in the common areas.

Residents can also create a more pleasant living environment by working with our Town Council staff and cleaners to remove clutter in our common areas such as along corridors and at staircases, lift landings and void decks. It is crucial that such common areas remain



clutter-free to prevent fire hazards. Also, obstruction-free spaces allow fast evacuation during emergencies and allow people using mobility devices or walking aids to get around more easily.

Safety in our housing estates is a shared responsibility. Let us work together and keep a lookout for one another so that we can make our estates an even better home for all of us.

DR INTAN AZURA MOKHTAR

Vice Chairman for Ang Mo Kio Town Council
Adviser for Jalan Kayu GROs

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亲爱的居民：

四月持续的炎热天气将导致蚊虫滋生。因此，我们必须保持警觉、做好防范措施，将蚊虫滋生和感染骨痛热症的机率减至最低。

这一期，我们将报道市镇理事会职员和清洁工如何与国家环境局紧密配合，确保蚊虫不会在本区公共场所滋生。

居民在有效杜绝骨痛热症肆虐和蚊虫滋生也扮演着重要的角色。民众可以参考国家环境局推广的“灭蚊五步骤”，检查屋里屋外，确保没有伊蚊滋生的温床。不管是帮邻居倒掉花盆垫盘里的水，还是清除公用地方的杂物，都是有效的防蚊方法，我们在此先致以谢意。

居民也可以跟市镇理事会职员和清洁工合作，清除走廊、楼梯、电梯口、组屋底层等公共空间的杂物，打造一个更舒适的居住环境，维持公共空间的整洁。这不仅能有效预防安全隐患，而且能让坐轮椅或行动不便的人出入更方便。

维护住宅区的安全，是每个居民的责任。让我们守望相助，齐心协力，一起打造更美好的家园。

殷丹博士

宏茂桥市镇理事会副主席
惹兰加由基层组织顾问

Para penduduk yang dihormati,

Kita boleh menjangkakan cuaca menjadi lebih panas pada April ini, di mana ia akan meningkatkan kadar pembiakan nyamuk. Oleh itu, kita mesti berwaspada dalam memastikan pembiakan nyamuk dan jangkitan denggi dikurangkan semasa musim panas ini.

Dalam isu ini, anda boleh membaca tentang bagaimana Pegawai Harta Majlis Bandaran dan pekerja pembersihan berkerja rapat dengan Agensi Sekitaran Kebangsaan (NEA) dalam memastikan ruang sekitar kita bebas dari pembiakan nyamuk.

Anda juga boleh memainkan peranan penting dalam usaha mencegah denggi dan pembiakan nyamuk. Dengan mengamalkan 5 Langkah Cegah Nyamuk di dalam dan luar rumah, setiap orang boleh memainkan peranan mereka dalam mencegah pembiakan nyamuk. Kami menghargai penduduk yang sering membantu satu sama lain dalam membuang air yang terkandung di piring alas pasu bunga, selain membantu tetangga dalam membersihkan sampah sarap yang ada di laluan depan rumah.

Untuk mengadakan suasana kehidupan lebih selesa, penduduk boleh bekerjasama dengan kakitangan Majlis Bandaran dan pekerja pembersihan dalam membuang barangan yang tidak lagi digunakan yang menyesak kawasan koridor dan tangga, serta di ruang depan lif dan kolong blok. Adalah penting untuk kawasan ini bersih dari segala sampah dan barangan demi mencegah kebakaran. Ia juga tidak akan menghambat dan membolehkan penduduk dan golongan kurang upaya menyelamatkan diri dengan lebih pantas di masa kecemasan.

Keselamatan di estet perumahan kita adalah tanggungjawab kita semua. Marilah kita bekerjasama dan saling membantu antara satu sama lain supaya kita dapat menjadikan estet kita sebuah kediaman yang lebih selesa untuk semua.

DR INTAN AZURA MOKHTAR

Naib Pengerusi Majlis Bandaran Ang Mo Kio
Penasihat Pertubuhan-Pertubuhan Akar Umbi Jalan Kayu

அன்பார்ந்த குடியிருப்பாளர்களே,

ஏப்ரல் மாதத்தில் நாம் வெப்பமான பருவநிலையை எதிர்பார்க்கலாம். இதனால் கொசு இனப்பெருக்கம் செய்யும் விகிதமும் அதிகரிக்கும். எனவே, வெப்பமான நாட்களின்போது கொசு இனப்பெருக்கமும் டெங்கிப் பரவலும் குறைவதை உறுதிப்படுத்த நாம் விழிப்புடன் செயல்படவேண்டும்.

இந்தப் பதிப்பில், நமது பொது இடங்களில் கொசுக்கள் இனப்பெருக்கம் செய்யாதிருப்பதை உறுதிப்படுத்த நகர மன்ற சொத்து அதிகாரிகளும் துப்புரவாளர்களும் தேசிய சுற்றுப்புற வாரியத்துடன் (NEA) அணுகுமாடிக ஒத்துழைத்து வருவது பற்றி நீங்கள் படித்தறியலாம்.

இதற்கிடையே, டெங்கிக்கும் கொசு இனப்பெருக்கத்திற்கும் எதிரான போராட்டத்தில் குடியிருப்பாளர்களும் மிக முக்கியமான பங்காற்றுகிறார்கள். வீட்டிற்கு உள்ளேயும் வெளியிலும் கொசுக்களை ஒழித்துக்கட்டுவதற்கான 5 வழிகளையும் கடைப்பிடித்து, கொசு இனப்பெருக்கத்தைத் தடுப்பதற்கு அனைவரும் தங்கள் பங்கை ஆற்றலாம். அண்டைவீட்டார்களின் செடிச்சட்டிகளுக்கு அடியில் உள்ள தட்டுகளில் தேங்கியிருக்கும் தண்ணீரை வடித்து அல்லது அண்டைவீட்டார்கள் பொது இடங்களில் அடைசலாக வைத்திருக்கும் பொருட்களை அப்புறப்படுத்த உதவி செய்து ஒருவருக்கொருவர் துணை புரியும் குடியிருப்பாளர்களுக்கு எங்களின் நன்றி.

குடியிருப்பாளர்கள் நமது நகர மன்ற அதிகாரிகளுடனும் துப்புரவாளர்களுடனும் சேர்ந்து செயல்பட்டு, பொது நடைவழிகள், படிக்கட்டுகள், மின்தூக்கி முகப்புகள், கட்டடக் கீழ்த்தளங்கள் போன்ற பொது இடங்களில் அடைசலாக இருக்கும் பொருட்களை அப்புறப்படுத்தி, மேலும் இனிமையான வாழ்க்கைச் சூழலையும் உருவாக்கலாம். தீ மூளும் அபாயத்தைத் தடுக்க, இதுபோன்ற பொது இடங்களில் அடைசல் இல்லாதிருப்பது முக்கியம். அதோடு, அவசரநிலைகளில் விரைவாக வெளியேறவும், நடமாட்டச் சாதனங்கள் அல்லது கைத்தடிகள் பயன்படுத்துவோர் எளிதாக நடமாடவும் தடங்கல் இல்லாத பொது இடங்கள் வழிகோலும்.

நமது குடியிருப்புப் பேட்டைகளின் பாதுகாப்பு அனைவரது பொறுப்புமாகும். நான் அனைவரும் ஒன்றாகச் செயல்பட்டு, ஒருவர் மற்றவரைப் பார்த்துக்கொண்டால், நமது பேட்டைகளை அனைவருக்கும் மேன்மேலும் மேம்பட்ட இல்லமாக நம்மால் உருமாற்றமுடியும்.

டாக்டர் இன்டான் அஸூரா மொக்தார்

அங் மோ கியோ நகர மன்றத்தின் துணைத் தலைவர்
ஜாலான் காயு அடித்தள
அமைப்புகளின் ஆலோசகர்

Pay by Giro. and Win

Want to win a \$50 voucher?

Pay your monthly Service & Conservancy Charges (S&CC) by Giro and you could be one of ten winners to be selected in a quarterly lucky draw. This Giro promotion campaign by Ang Mo Kio Town Council runs from 1 April 2016 to 31 March 2017.

Who is eligible?

All residents in Ang Mo Kio GRC and Sengkang West SMC who pay their S&CC bills by Giro.

How to qualify for the lucky draw

Residents must have successful bill deductions for all three consecutive months during the qualifying period.

When is the draw?

Qualifying period	Draw date
1 April to 30 June 2016	15 July 2016
1 July to 30 September 2016	14 October 2016
1 October to 31 December 2016	13 January 2017
1 January to 31 March 2017	14 April 2017

How to know if you won

The results of each lucky draw will be posted on Ang Mo Kio Town Council's website (<http://amktc.org.sg/>) and winners notified by post.

What are the benefits of using Giro?

- You save a lot of time by not standing in queues and waiting at counters to pay bills.
- You no longer need to write and post cheques.
- You do not have to worry about forgetting to pay your bills because payment is deducted automatically.

For residents who are not yet on Giro, download a Giro application form today at http://www.amktc.org.sg/resi_giro_application-form.aspx

Stay tidy, stay safe

Left stacks of newspapers, unwanted furniture or laundry racks along the corridor outside your house? These could become fire hazards or obstruct common corridors during emergencies.

To prevent items like these from cluttering up corridors, staircases and landing areas, Ang Mo Kio Town Council carries out regular block inspections of common areas.

During the inspection, Town Council Property Officers who find obstructions outside residents' homes will advise them to clear away the items. Those who do not comply or are not at home will receive a written notice. A week later, follow-up checks will be conducted and if the clutter is still there, a final three-day notice would be served. Residents who still fail to take action may be fined up to \$1,000.

The Town Council will also remove items that obstruct or pose a fire hazard in common areas. Items not claimed after 30 days will be disposed of.

HOW YOU CAN HELP

- ➔ Do not use common corridors as a storage area especially for flammable items.
- ➔ According to the Singapore Civil Defence Force's guidelines, there should be a clear space of at least 1.2m wide along the corridor so that ambulance stretchers and wheelchairs can pass.
- ➔ Keep staircases and landings clear at all times.
- ➔ If you have any unwanted bulky items, call the Town Council at 6453 0511, who will help to dispose of them.



WHAT RESIDENTS SAY

"Clutter along corridors may also become breeding grounds for mosquitoes."

Toh Sock Cheng, 77

"We all have a part to play in maintaining the cleanliness of shared spaces."

Jamiah Emon, 60

Raising funds while going green

When students from Ang Mo Kio Secondary School and Townsville Primary School took part in their schools' recycling drives, they did more than just help the environment. They also helped to raise funds for their schools.

On 29 January, 210 students from Ang Mo Kio Secondary School's Upper Secondary classes went to 28 blocks of flats near their school to collect items for their school's annual recycling drive.

Going tirelessly from house to house, the students collected items such as newspapers, old books, old clothes and small electrical appliances.

Similarly, 43 students from Townsville Primary School's Boys' and Girls' Brigade held their recycling drive on 4 February. Together, the students, aged 10 to 12, covered Blocks 403 and 405 next to their school, channeling the serving spirit exhorted by their uniformed group.

The items collected by each school were handed over to the Town Council's contractor, 800 Super Waste Management, which weighed the items and then paid out money that went into the schools' funds for needy students.

Talk about a two-in-one good deed.

“I feel that participating in the recycling drive is meaningful, because **we learnt the value of teamwork** through collecting the items together.”

Kaung Myat Ko, Secondary 4,
Ang Mo Kio Secondary School

Sort out recyclable items in your household such as waste paper, glass containers, metal cans, electrical appliances and old clothing



RECYCLING IN THREE SIMPLE STEPS



03 Deposit the items into the recycling bins around your estate

02



Empty and rinse out the food and drink containers

“I am **happy to make a difference** by

participating in this recycling drive. Collecting items from residents also makes it more convenient for them to recycle.”

Kaavyapriya Ramesh,
Primary 5,
Townsville Primary School



The eyes and ears on the ground

When an elderly lady lost her way, Mr Hanif Abu, 34, an Ang Mo Kio Town Council conservancy worker, stepped in to save the day.

The elderly lady was confused and couldn't tell police where she lived. But Mr Hanif had seen her around the Teck Ghee neighbourhood where he works and knew where she lived. Thanks to him, the lady was safely returned home.

Mr Hanif's keen eye was the result of a training session he attended, which taught observational skills to conservancy workers. This is so that the workers can help the police look out for criminal activities such as unlicensed moneylending or drug abuse.

The workers also learnt first aid skills and how to use a fire extinguisher. The training session was part of Project C.L.E.A.N, which aims to keep the community safe and secure.

Said Senior Station Inspector Muhamed Taha bin Abdul Karim: "Our conservancy workers can be our 'eyes and ears' on the ground as they go about maintaining our neighbourhoods."

Mr Hanif attended the session in January with 96 other workers. He said: "I'm now more alert to my surroundings, and I'm happy that I can help people."

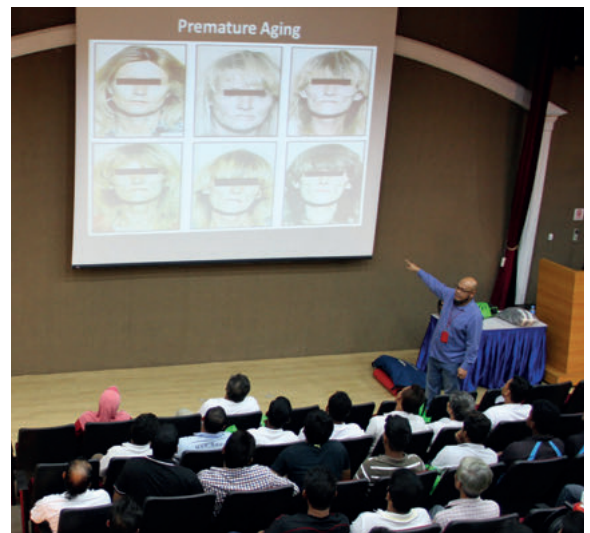
His colleague, Mr Uddin Jashim, 30, added: "Now we know how to call the police and are not afraid to do so."

And of course, being able to help senior citizens who have lost their way is a definite bonus.

Mr Hanif Abu



Mr Uddin Jashim



What is Project C.L.E.A.N

- This is a Community Safety and Security Programme rolled out by the Home Team Northern Sector.
- C.L.E.A.N, stands for **C**onservancy workers, **L**earn about fire safety and crime prevention, **E**ngagement on a regular basis, **A**wareness on crimes and hazards, and **N**otify relevant agencies.

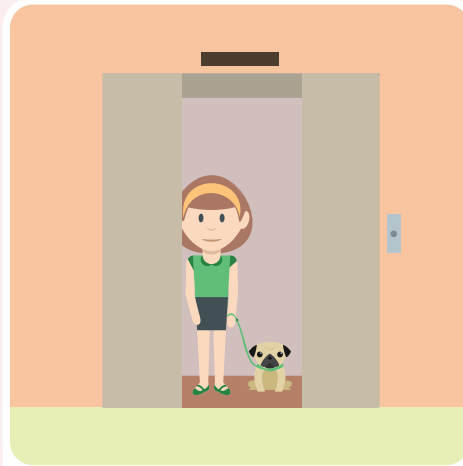
Safe Use of Lifts 安全使用电梯

DOs: 请:



Supervising adults should always accompany young children and ensure they do not place their hands on lift doors.

请陪同小孩搭乘电梯，确保他们不会把手放在电梯门上。



Do ensure that your leashed pet stays inside the lift as the doors close.

在电梯门关上之前，请确保宠物和宠物绳索都在电梯内。



Look out for persons rushing into the lift and press the "Door Open" button to hold the doors open.

若发现有人冲向电梯，请按“开门”按钮，让电梯门保持敞开。

We use lifts everyday. Observe these Dos and Don'ts when using lifts, to keep you and your family safe.

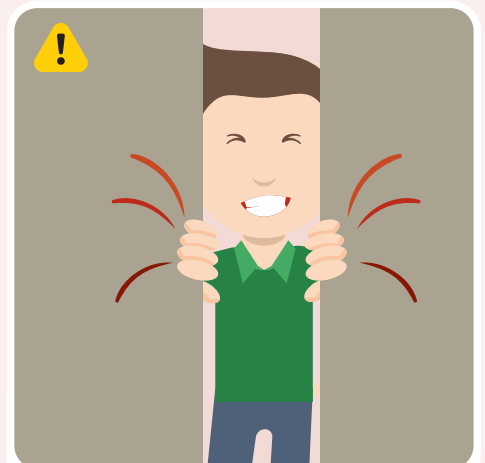
天天搭乘电梯，注意使用守则，确保人人安全。

DON'Ts: 请勿:



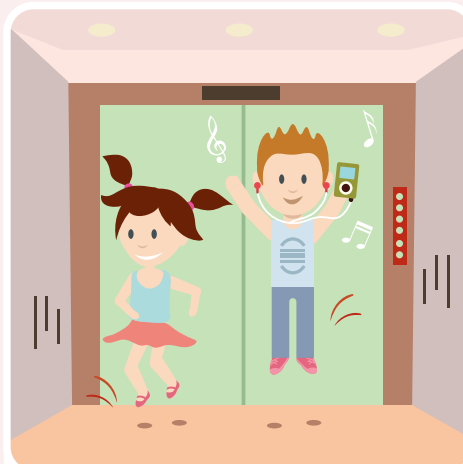
Do not use any part of the body (e.g. hand/leg) to stop the doors from closing. Press the "Door Open" button instead.

请不要使用身体任何部位（如手脚）阻止电梯门关闭。请按“开门”按钮，将电梯门打开。



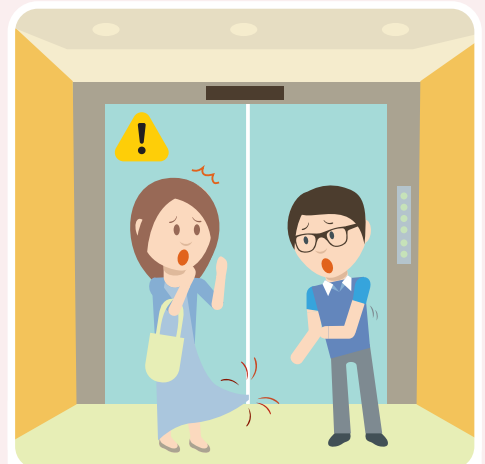
Do not try to pry open the lift doors when the lift stalls. Press the alarm button and wait for rescue.

如果电梯停止操作，请不要试图迫开电梯门。请按警铃，等待救援。



Do not jump or play in the lift. This may cause the lift to stall.

请不要在电梯里跳动或玩耍。这可能导致电梯停止操作。



Do not stand near the lift doors. Small and thin objects like long skirts, leashes and backpack straps can get caught.

请不要站靠近电梯门边。细长的物品如长裙、宠物的绳索和背包带，可能被门夹住。

Keeping the roads safe

To keep both pedestrians and motorists safe, the Yio Chu Kang Grassroots Organisations has been working with the Land Transport Authority on improving the roads in the neighbourhood.

For example, along Lentor Avenue, "SLOW" markings have been added on the road before bus stops to encourage motorists to slow down. "PEDESTRIAN AHEAD" signs will also be installed near the bus stops.

Accountant Foo Sook Chong, who lives in The Lentor Residence, welcomes these changes. "Traffic is quite heavy here, and I'm glad there are measures to prevent accidents," said the 38-year-old.

There are also plans to create traffic islands opposite bus stops so people crossing the road have a safe area to stand while waiting for traffic to clear.



"It is good that **concerns on the ground are heard and dealt with quickly.**"

Thomas Lin, 42

Residents also requested for a convex mirror at Countryside Road between house unit numbers 139 and 141, where the bend in the road creates a blind corner. When told that the mirror has been installed, Thomas Lin, 42, applauds the prompt action. He said: "It is good that concerns on the ground are heard and dealt with quickly."



Keeping dengue at bay

Recently, the number of dengue cases in Singapore has increased sharply, and Ang Mo Kio Town Council has stepped up efforts to keep its residents safe.

For one, its contractors are making sure that drains in the estate are cleared of debris and litter and cracked drains repaired, while pest controllers conduct thorough checks in the estate, applying oil to potential mosquito breeding spots.

The Town Council is also working closely with the National Environment Agency (NEA) to educate its conservancy workers on how to prevent mosquito breeding. The workers are taught how to identify Aedes mosquitoes and inspect potential mosquito breeding sites as part of their daily routine.

Said conservancy worker Shahidul, 27: "I find the NEA workshop very beneficial, as I can apply this knowledge at home too."

Students from Anderson Secondary School have also been roped in to reach out to households in Cheng San-Seletar, distributing informational leaflets to residents and showing them how to prevent mosquitoes from breeding in their homes.

After all, everyone plays a part in keeping our homes free of dengue.

How you can prevent mosquitoes from breeding in your home

- Change the water in vases/bowls on alternate days
- Turn over all water storage containers and check that their rims are dry
- Remove water from the plates under flower pots on alternate days
- Cover bamboo pole holders when not in use
- Clear blockages and put BTI insecticide in roof gutters monthly

BY THE NUMBERS

1,838 Gravitraps

have been placed in common corridors in the estate to trap mosquitoes



增强防范措施 打击骨痛热症

我国近期的骨痛热症病例显著增加，宏茂桥市镇理事会加强应对措施，避免更多居民受感染。这其中包括促请承包商清理沟渠的垃圾和维修破裂的沟渠，以及雇用灭虫专家在住宅区进行彻底检查，喷洒杀虫剂，消除潜在的蚊虫滋生地。

市镇理事会也跟国家环境局密切合作，教导清洁工如何做好防蚊措施，包括辨别伊蚊，以及在日常工作中时刻检查潜在的蚊虫滋生地。清洁工沙西杜尔（Shahidul，27岁）说：“国家环境局的工作坊很实用，我也可以把学到的知识用于家中。”

安德逊中学的学生也受邀参加市镇理事会的防蚊计划，帮忙在静山一实里达一带分发宣传单，并为居民讲解在家中预防蚊虫滋生的方法。

每个人都在尽一分力量，以防止骨痛热症蔓延。

CEGAH DENGGI

Baru-baru ini jumlah kes denggi di Singapura telah melonjak dan Majlis Bandaran Ang Mo Kio telah mempertingkatkan usaha dalam memastikan penduduk dilindungi.

Antara usaha yang dilakukan adalah dengan pihak kontraktor memastikan longkang-longkang di estet dibersihkan dan yang retak diperbaiki, sementara pemusnah serangga melakukan pemeriksaan rapi di seluruh estet, membubuh minyak di kawasan pembiakan nyamuk.

Majlis Bandaran juga bekerja rapat dengan Agensi Sekitaran Kebangsaan (NEA) dalam mendidik para pekerja pembersihan tentang cara-cara mencegah pembiakan nyamuk. Para pekerja ini diajar dalam mengenalpasti nyamuk Aedes dan memeriksa tapak yang berpotensi membiak nyamuk sebagai sebahagian daripada tugas harian mereka.

Kata salah seorang pekerja pembersihan Shahidul, 27 tahun: “Bengkel latihan yang dijalankan NEA amat berfaedah, kerana saya juga boleh memanfaatkannya semasa di rumah.”

Pelajar dari Sekolah Menengah Anderson juga turut serta untuk mengunjungi rumah di Cheng San - Seletar, mengedar risalah cegah denggi kepada penduduk dan menunjukkan kepada mereka cara-cara mencegah pembiakan nyamuk di rumah.

Setiap orang memainkan peranan dalam menjadikan kediaman kita bebas daripada denggi.



டெங்கியைத் தடுத்திடுவோம்

டெங்கியால் பாதிக்கப்படுவோர் எண்ணிக்கை அண்மையில் சிங்கப்பூரில் வெகுவாக அதிகரித்துள்ளது. இந்நிலையில் குடியிருப்பாளர்களைப் பாதுகாப்பாக வைத்திருக்க அங் மோ கியோ நகர மன்றம் அதன் முயற்சிகளை முடுக்கி விட்டிருக்கிறது.

எடுத்துக்காட்டாக, பேட்டையில் உள்ள சாக்கடைகளில் கிடக்கும் குப்பைக்கூளங்கள் அகற்றப்படுவதையும் சாக்கடைகளில் உள்ள வெடிப்புகள் பழுதுபார்க்கப்படுவதையும் நகர மன்றக் குத்தகையாளர்கள் உறுதிப்படுத்துகிறார்கள். அதே சமயத்தில், பூச்சித்தடுப்பு கட்டுப்பாட்டாளர்கள் பேட்டை முழுவதும் விரிவாகச் சோதனை செய்து, கொசு இனப்பெருக்கம் செய்யக்கூடிய இடங்களில் எண்ணெய் விடுகிறார்கள்.

கொசு இனப்பெருக்கம் செய்வதை எப்படி தடுப்பதென்று பராமரிப்புத் தொழிலாளர்களுக்குக் கற்றுத்தர தேசிய சுற்றுப்புற வாரியத்துடனும் (NEA) நகர மன்றம் அணுகுமாடம் செயல்படுகிறது. அன்றாடப் பணிகளின் ஒரு பகுதியாக ஏடிஸ் கொசுக்களை அடையாளம் காணவும், கொசு இனப்பெருக்கம் செய்யக்கூடிய இடங்களைக் கண்காணிக்கவும் தொழிலாளர்களுக்குக் கற்றுத் தரப்படுகிறது.

பராமரிப்புத் தொழிலாளரான 27 வயது ஷஹிதுல், “NEA பயிலரங்கு மிகவும் பயனுள்ளதாக இருந்தது. இங்கு கற்றுக்கொண்டதை நான் வீட்டிலும் பயன்படுத்தலாம்,” என்று கூறினார்.

செங் சான்-சிலேத்தார் வட்டாரத்தில் வாழும் குடும்பங்களை அணுகி அறிவூட்டுவதற்கு ஆண்டர்சன் உயர்நிலைப் பள்ளி மாணவர்களும் ஈடுபடுத்தப்படுகிறார்கள். மாணவர்கள் தகவல் ஏடுகளைக் குடியிருப்பாளர்களிடம் விநியோகித்து, வீடுகளில் கொசு இனப்பெருக்கம் செய்வதை எப்படித் தடுப்பது என்பதை எடுத்துச் சொல்கிறார்கள்.

ஏனெனில், நமது இல்லங்களை டெங்கியில்லாமல் வைத்திருப்பதில் அனைவரும் பங்காற்றவேண்டும்.

Are you aware of new dengue rules?

From March 14, a home owner will be fined \$200 if mosquitoes are found breeding on the premises regardless of whether the house is in a dengue cluster. This is because most cases of mosquito breeding take place in the home.

Private estates fight dengue too

Residents in private estates are not left out in the fight against dengue.

Grassroots leaders, together with officers from the National Environment Agency (NEA), conduct house visits in private estates and distribute informational leaflets to residents. Roadshows and educational booths are also set up during Neighbourhood Committee events so that residents can learn about the dengue situation and their role in the national fight against the virus.

Said IT manager Calvin Teoh, 43, who lives in Jalan Keruing: "Most people don't realise the seriousness of dengue until it hits them, so every effort

"Most people don't realise the seriousness of dengue until it hits them,

so every effort to increase awareness helps."

Calvin Teoh, 43

to increase awareness helps."

Warmer weather due to the El Nino phenomenon means the number of dengue cases may continue to increase.

However, residents such as 67-year-old Susan Chua are confident that everyone will stay vigilant in the fight against dengue. She said: "With the help of the Town Council and NEA, we can all do our part to protect our loved ones."



Many of you may be aware of the presence of the Zika virus in countries like Brazil and South Korea. Here, *Our Home* highlights five key facts you need to know about this health threat:

What is Zika?

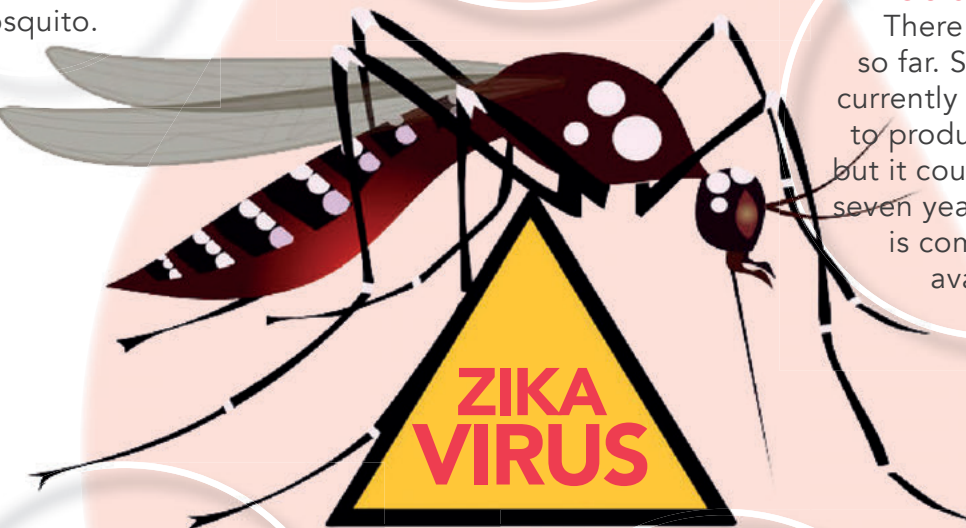
It is a disease caused by a virus transmitted by the Aedes mosquito.

What are the symptoms?

The symptoms are usually mild and last between two and seven days, and are similar to other mosquito-borne diseases such as dengue: fever, rashes, conjunctivitis, muscle and joint pain, malaise and headache.

Is there a cure?

There is no cure so far. Scientists are currently studying how to produce vaccines, but it could take five to seven years before one is commercially available.



How can you protect yourself?

If you're travelling to countries affected by Zika, wear covered clothing and apply insect repellent. At home, take precautions to prevent mosquito breeding.

What can you do if you are infected?

Doctors advise those who are infected to get plenty of rest and drink lots of fluids, while pain and fever are treated with available medicines.

Source: World Health Organisation

Three useful tools to get the latest information on the dengue situation

Facebook: [Stop Dengue Now](#)
Website: www.dengue.gov.sg
Mobile app: [myENV](#)

Residents cheer new amenities

An upgraded elderly fitness corner and newly built playgrounds means it has become more convenient than ever to get fit or just have fun. Closed-circuit television (CCTV) cameras have also been installed to deter crime and keep residents safe.



Playground at Block 218 Ang Mo Kio Avenue 1

“The new playground is more enjoyable.

My favourite is the slides.”

Lai Yuan Hao,
Teck Ghee



MORE BINS, LESS LITTER

Unable to find a litter bin when you need one? More bins have been installed at carparks in Yio Chu Kang, so both drivers and pedestrians will find it easier to dispose of trash, contributing to a cleaner neighbourhood. Said Yio Chu Kang resident Chang Yeow Hong: “With the new bins, the carparks will be cleaner.”

“My kids like the sand play area at the new playground very much.”

Jakir Hussain Barkath Begum,
Jalan Kayu

Playground at open space at Block 564 Ang Mo Kio Avenue 3

Watch out for: UPCOMING IMPROVEMENT WORKS

CHENG SAN-SELETAR

- Upgrading of hawker centre (3 to 31 May) and wet market (1 June to 31 October) at Block 453A Ang Mo Kio Avenue 10

JALAN KAYU

- Construction of drop-off point at Blocks 542, 543 and 544 Ang Mo Kio Avenue 10
- Construction of low covered walkway and drop-off point at Blocks 558 to 560 Ang Mo Kio Avenue 10
- Construction of covered walkway from Block 522 drop-off point to 524 Serangoon North Avenue 4
- Construction of covered walkway at Block 535 Serangoon North Avenue 4 to existing bus stop

SENGKANG SOUTH

- Construction of covered linkway at Blocks 576 to 577 and to bus stop in front of Yio Chu Kang Primary School
- Upgrading of Senior Citizen's Corner at Block 685 Hougang Street 61
- Construction of low covered linkways from the BFA ramp next to Block 441D Fernvale Road to Block 441C and Block 445A Fernvale Road
- Construction of low covered linkways from Block 448A Sengkang West Way to Block 447B (CH) & Block 446C Jalan Kayu

TECK GHEE

- Construction of low and high linkways with BFA ramps between Blocks 312 and 346 Ang Mo Kio Avenue 3
- Construction of covered linkway from Block 308B to 308C MSCP Ang Mo Kio Avenue 1
- Construction of park pavilions and re-surfacing of jogging track at N4 park near Block 459 Ang Mo Kio Avenue 10

YIO CHU KANG

- Construction of drop-off point and covered linkway at Block 725 Ang Mo Kio Avenue 6



“The hydraulic fitness equipment is easier to use. I hope more of such fitness corners can be built.”

Byron Seetoh,
Ang Mo Kio-Hougang

Elderly fitness corner near Block 956 Hougang Avenue 9

“It is good that CCTVs have been installed, because it stops people from littering in the lifts, making the lifts cleaner.”

Salminah bt Kothiram,
Sengkang West

CCTVs inside lifts at Fernvale Flora, Fernvale Palm, Fernvale Ridge, Fernvale Crest, Fernvale Foliage, Fernvale Garden, Anchorvale Horizon, Anchorvale Harvest, Anchorvale Isles, Anchorvale Cove and rental block at Block 350 Anchorvale Road



NOTICE

In the January/February issue of *Our Home*, we listed the location of some barbecue pits on Page 11.

The correct location of the barbecue pits should be at the open space near Block 552 Serangoon North Avenue 3.



Remembering our Founding Father

What: Remembering Lee Kuan Yew

Where: Bishan-Ang Mo Kio Park River Plains, Promenade

When: 19 March 2016

23 March marked the anniversary of the passing of Singapore's first Prime Minister, Mr Lee Kuan Yew, and about 3,000 residents got together to pay tribute to him. There, they penned notes on pebbles and added thumb prints to a Memorial Board representing Singapore's resilience as a nation. There was also a pictorial exhibition of Mr Lee's contributions to Singapore. Here are some residents' sentiments on Mr Lee's life and legacy:



"There are many things young people can learn from Mr Lee Kuan Yew. I always believe that it is important to do what is right, not what is popular."

Tay Woon Teng, 19

"Mr Lee's work speaks volumes and it is by no chance the great man transformed Singapore into a green city."

Suresh Babu Cheppamkuzit, 37



"Seeing trees around the estates reminds me of Mr Lee because he turned Singapore into a Garden City."

Wong Seuk Chan, 68



"Singapore has moved at a very fast pace over the last 50 years, thanks to Mr Lee."

Siti Noorsidah, 33

Pen your thoughts here to remember Mr Lee:

Greening up the community

It is always good to be grateful for what we have, and a new community garden serves to remind us of that. The new garden, named Gratitude Garden, was opened by Grassroots Adviser Darryl David, who added that the space will also serve as a communal area for residents to come together to grow and appreciate greenery.

Said resident Tong Teng Ngiap, 67: "I think this community garden has made the neighbourhood more beautiful. I want to contribute to its maintenance, so I am volunteering to water the plants every morning before I go to work."

More than 200 residents turned up for the official opening of the garden.



What: Official Opening of Ang Mo Kio-Hougang Zone 5 Community Garden

Where: Block 665 Hougang Avenue 4

When: 26 March 2016



Kids get geared up for emergencies

Do you know what to do in an emergency? These PCF kindergarten kids do because they participated in an Emergency Preparedness Day organised by Jalan Kayu Grassroots Organisations. On that day, the children took part in fire evacuation drills and also learnt first-aid and CPR skills. Because you can never start them too young.

What: Jalan Kayu Emergency Preparedness Day 2016
Where: Block 988 Buangkok Crescent Pavilion
When: 30 January 2016

PACK YOUR OWN "READY BAG" FOR EMERGENCIES



Residents greet PM with cheer

When Prime Minister Lee Hsien Loong visited Teck Ghee on a Sunday morning, he was given a warm welcome by residents as well as market stallholders and shop owners in the neighbourhood. People

What: Market walkabout
Where: Block 341 Ang Mo Kio Avenue 1 & Block 409 Ang Mo Kio Avenue 10
When: 31 January 2016

went up to him to shake his hand and also took the chance to get photos with him. Mr Lee also gave out red packets as a symbol of good fortune. It was an exciting morning for everyone.



WHAT RESIDENTS SAY

"When Mr Lee stopped by the Chinese medical hall I work at, I immediately asked him to take a 'wefie' with me. I believe this will bring me lots of good luck in the new year!"

Xu Xuan Hua, 40

"I've seen Mr Lee several times since I started working at this spice stall. His friendly smile makes people happy – including me!"

Aisah Bibi Binte Nagore Meerah, 60

We are neighbours, we are friends

Residents of Fernvale Flora and Yio Chu Kang Vista got to know their neighbours better through a get-together for Fernvale Flora and a welcome party for Yio Chu Kang Vista. During the events, residents took part in carnival games, watched magic shows and also participated in stage games. Getting to know your neighbours is definitely more enjoyable when you're having fun.

What: Fernvale Flora Get-Together

Where: Block 454 Fernvale Road, Precinct Pavilion

When: 27 February 2016

What: Yio Chu Kang Vista Welcome Party

Where: Block 650 Ang Mo Kio Street 61

When: 19 March 2016



RESIDENTS SHARE TIPS ON MAKING FRIENDS WITH NEIGHBOURS

"We cook and share food to make friends with one another."

Boo Fuwen, 32

"Joining interest groups or going to community events will let neighbours know one another better."

Steven Chng, 32

"Making friends starts with a smile."

Mohanapuri Pattamal, 66

"Say hi when you see one another."

Goh Hong Lin, 79



Looking at improving our estate

When Grassroots Adviser Mr Ang Hin Kee (left photo) set out to do a walk-around on 24 February, his aim was to identify areas where barrier-free access ramps could be built. This is to help create better mobility in the neighbourhood. Through his walk, he noted areas around Block 433 to Block 441 Ang Mo Kio Avenue 10 which are suitable for the addition of ramps.

Meanwhile, during Grassroots Adviser Dr Lam Pin Min's (right photo) visit to homes in Block 416B Fernvale Link on 3 March, residents took the chance to give constructive feedback on estate improvement works. Some also raised their concern about the lack of childcare facilities in the area. The feedback was collated and will be reviewed by the relevant authorities.



Meet-the-people sessions

Ang Mo Kio-Hougang 宏茂桥—后港 MP Darryl David 杰乐议员

Block 632 Hougang Avenue 8,
#01-28, S(530632)

Time: 8pm - 9:30pm, every Thursday
Tel: 6282 6567



Sengkang South 盛港南 MP Gan Thiam Poh 颜添宝议员

Block 443 Fernvale Road,
#01-411, S(790443)

Time: 8pm - 9:30pm, every first
and fifth Tuesday of the month
Tel: 6636 6816



Cheng San-Seletar 静山—实里达 MP Ang Hin Kee 洪鼎基议员

Block 533 Ang Mo Kio Avenue 5,
#01-4100, S(560533)

Time: 8pm - 9:30pm, every Thursday
Tel: 6454 0951



Block 535 Hougang Street 52, #01-18, S(530535)
Time: 8pm - 9:30pm,
every second, third and fourth Tuesday of the month
Tel: 6386 4055

Jalan Kayu 惹兰加由 Dr Intan Azura Mokhtar 殷丹博士

Block 556 Ang Mo Kio Avenue 10,
#01-1902, S(560556)

Time: 8pm - 9:30pm,
every first Thursday of the month
Tel: 6456 9714



Sengkang West 盛港西 Dr Lam Pin Min 蓝彬明医生

Block 303A Anchorvale Link,
#01-81, S(541303)

Time: 8pm - 9:30pm, every Tuesday
Tel: 6312 2961



Block 987B Buangkok Green, #01-33, S(532987)
Time: 8pm - 9:30pm,
every last Thursday of the month
Tel: 6444 0810

Block 522 Serangoon North Avenue 4,
#01-154, S(550522)
Time: 8pm - 9:30pm,
other Thursdays of the month
Tel: 6483 4341

Teck Ghee 德义 PM Lee Hsien Loong 李显龙总理

Block 322 Ang Mo Kio Avenue 3,
#01-1928, S(560322)

Time: 8pm - 9:30pm,
every Wednesday
Tel: 6552 6055



Yio Chu Kang 杨厝港 Dr Koh Poh Koon 许宝琨医生

Block 644 Ang Mo Kio Avenue 4,
#01-850, S(560644)

Time: 8pm - 9:30pm, every Thursday
Tel: 6458 7376



* Branches are closed and MPS will not take place on public holidays and eve of major festivals
(Chinese New Year, Hari Raya Puasa, Christmas and New Year).

Ang Mo Kio Town Council Offices

Ang Mo Kio Avenue 1 Office
Block 342 Ang Mo Kio Avenue 1,
#01-1561, S(560342)
Tel: 6453 0511 Fax: 6453 0122

Ang Mo Kio Avenue 10 Office
Block 528 Ang Mo Kio Avenue 10,
#01-2385, S(560528)
Tel: 6456 1633 Fax: 6456 1225

Sengkang West Office
Block 410 Fernvale Road
(multi-storey carpark),
#01-01, S(790410)
Tel: 6634 9215 Fax: 6634 9219

Ang Mo Kio-Hougang Service Centre
Block 662 Hougang Avenue 4,
#01-415, S(530662)
Tel: 6385 1631 Fax: 6387 4052



www.amktc.org.sg



feedback@amktc.org.sg



6453 0511



www.facebook.com/amktc



iTown@SG



SEE something interesting in our neighbourhood?
SNAP a picture and
SHARE the moment with us.

Send us your photo with a creative caption of not more than 16 words and you may **win yourself a \$30 voucher!**

There are five vouchers to be won, and winning photos will also be featured in the next issue of *Our Home*.

Rules:

1. Open to Singaporeans and Singapore Permanent Residents living in Ang Mo Kio GRC or Sengkang West SMC.
2. Entries must be submitted no later than **13 May 2016**.
3. Photos must be in digital format and at least 1MB in size.

Please e-mail your entries together with your name, address, NRIC number and contact number to **feedback@amktc.org.sg**.



The beautiful scenery and tranquil surroundings of Bishan-Ang Mo Kio Park always cheer me up.

HO SOON KANG



Our pioneer generation made us who we are today.

JOSHUA GAN BING YI



Ang Mo Kio Town Garden West is an oasis of greenery.

NAVEEN KUMAR



Sengkang Riverside Park is a good place to relax and enjoy a beautiful sunset.

LIM GEK CHOO



A reflection of the landscape at Bishan-Ang Mo Kio Park.

SONG MENG WEE